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Motion for Summary Judgment

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MEMORANDUM OF POINTS AND AUTHORITIES

I. <u>INTRODUCTION</u>

Plaintiff, Dawn Rutherford ("Plaintiff") sued Defendants, Prudential Insurance Company of America ("Prudential") and Scene 7, Inc. Long Term Disability Plan ("The Plan") for long term disability ("LTD") benefits under the Employee Retirement Income Security Act ("ERISA"). Prudential is the claims administrator for The Plan, an employee welfare benefit plan provided by Scene 7, Inc.

Prudential stipulates that its determination of plaintiff's right to LTD benefits is subject to a *de novo* review.

Plaintiff was employed by Scene 7, Inc. and was covered under the terms of the Plan. Plaintiff's Short Term Disability ("STD") benefits were paid September 6, 2001 through November 17, 2001. The STD benefits were paid through the maximum duration, because no exclusion applied. LTD benefits were disapproved when Plaintiff's STD ended pending the results of the pre-existing exclusion investigation and medical evaluation of Plaintiff's claim. LTD benefits were later approved for Plaintiff's mental condition only on May 22, 2002, with the effective date of November 17, 2001.

After thoroughly investigating her claim, Prudential discontinued plaintiff's LTD benefits on November 12, 2003, following the expiration of the 24 month limit for disability caused in whole or in part by a mental condition or disability primarily based on self-reported symptoms. Plaintiff thrice appealed Prudential's decision, and Prudential upheld its decision terminating her benefits. Plaintiff claims her symptoms of chronic back pain, pain in her extremities, an inability to walk as well as her depression and fatigue preclude her from performing any occupation.

Prudential's decision to terminate Plaintiff's LTD benefits is strongly supported by the evidence contained in the administrative record. Prudential reviewed all records provided by Plaintiff in support of her claims. Prudential had outside, board-certified physicians review Plaintiff's records. Plaintiff's independent medical exam ("IME") was conducted. Plaintiff's medical record file was reviewed on appeal. The medical records, including those of Plaintiff's

own treating physicians, lacked verification of Plaintiff's self-reported symptoms.

Prudential's decision to terminate Plaintiff's LTD benefits was based on the totality of her records and Prudential's investigation. Prudential's denial was proper under the terms of The Plan. The administrative record supports a finding that (1) based on *de novo* review, the record should not be augmented because further discovery is unnecessary; and (2) Prudential's decision terminating plaintiff's LTD benefits was proper under The Plan because, as demonstrated by the extensive records, Plaintiff's claimed disabilities are either primarily self reported or due to mental illness. Prudential fulfilled its obligations to Plaintiff by paying her the maximum amount of benefits allowed under the plan, twenty four months.

II. UNDISPUTED MATERIAL FACTS

A. Plaintiff's Disability Claim

Plaintiff is a 46-year old woman who was hired by Scene 7 on July 16, 2001, just one month before her disability. Plaintiff's job was Software Product Producer, which did not involve any lifting, carrying, pulling or pushing. She would sit for the majority of the day (7 hours) and only stood or walked for a half hour per day. (PRUR 00867)

Plaintiff was a participant in the employee benefit plan offered by Scene 7, Inc. 1

The Plan states that one is disabled when Prudential determines that he/she is unable to perform the material and substantial duties of his/her regular occupation due to sickness or injury, and has 20% or more loss in indexed monthly earnings due to that sickness/injury. The plan also has a limited pay period of 24 months for disabilities due to sickness/injury that Prudential determines are primarily due to self reported symptoms or are due in whole or in part to a mental illness. Also, The Plan does not cover disability which begins within 12 months of the date of coverage becomes effective under The Plan and is due to a pre-existing condition. (PRUR 01148 – 01149)

¹Scene 7 is also known as "Goodhome, Inc." and the Plan documents indicate Goodhome, Inc. as the Employer. The group plan is entitled Goodhome, Inc. Long Term Disability Plan.

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Plaintiff received both STD and LTD benefits under the Plan. Plaintiff's original claim for disability, made on August 28, 2001, was based on "extreme fatigue, nausea, headaches, lower back pain, muscle and joint pain." (PRUR 00865)

В. Plaintiff's Medical and Psychological Care and Prudential's Initial Claim Review

In August 2001, Plaintiff sought medical treatment with her family physician, Dr. James Leoni, for exhaustion, nausea, forgetfulness, and hot flashes. (PRUR 00829) Dr. Leoni provided the physician statement in support of Plaintiff's initial disability claim on August 26, 2001. At the time, Dr. Leoni noted Plaintiff was "house bound mostly due to back pain [and] fatigue." (PRUR 00870)

Plaintiff began psychological treatment with Dr. Barbara Badham in August 2001 and plaintiff was taking Xanax. (PRUR 00820) On September 14, 2001, Plaintiff went to the emergency room at Petaluma Valley Hospital due to a possible overdose from Xanax, Tylenol with Codeine and alcohol. It was determined that the overdose was accidental. (PRUR 00763 – 0764)

1. Dr. Leoni

On September 14, 2001, Plaintiff wrote Dr. Leoni stating, "I am concerned my disability period is due to expire on September 20, 2001." (PRUR 00815) She complained her physical symptoms became worse over the past month including extreme fatigue, inability to focus and concentrate, chronic lower back pain shooting down her right leg, numbness in her right leg, chronic pain in neck, nausea, stomach cramps, irritable bowels, loss of appetite, debilitating tension and migraine headaches, and occasional low grade fevers. She reported muscle aches and pains in her legs, shoulders and arms. She requested extension of her disability to the "maximum time allowable." (PRUR 00815) On that same date, Dr. Leoni issued a letter indicating Plaintiff continues to be disabled due to multiple problems - back pain, abdominal pain, neck pain, depression and severe anxiety and requesting Plaintiff's disability extend through January 7, 2002. (PRUR 00828)

2. Dr. Badham

On September 19, 2001, Plaintiff wrote to Dr. Badham requesting information supporting her disability claim be sent to Prudential. Plaintiff also indicated the dates of her visits with Dr. Badham and reasons for her counseling visits including depression over being ill and unable to work, anxiety related to her work issues, anxiety attacks and overwhelming fatigue. (PRUR 00808)

On September 20, 2001, Plaintiff wrote to Dr. Badham again, this time indicating she was in "crisis mode" due to Dr. Badham's letter to Dr. Leoni outlining Plaintiff's therapy sessions faxed to Prudential. She emphasized her inability to return to work due to her physical and emotional issues having been "laid off from six technology jobs in the past several years." (PRUR 00807) She requested Dr. Badham support a three month disability period through January 7, 2002. (PRUR 00807) On September 20, 2001, Dr. Badham issued a "to whom it may concern" letter noting Plaintiff's ongoing psychotherapy and treatment for acute anxiety and depression.(PRUR 00813) Dr. Badham recommended Plaintiff's disability extend through January 7, 2002. (PRUR 00814)

3. <u>Dr. Michael Kurtz and Nurse Practitioner Grinnell</u>

In October of 2001, Plaintiff began treatment with Michael Kurtz, M.D. (orthopedic surgeon). At the time, she complained of neck pain, mid-low back pain, sciatic pain, numbness in right leg, headaches, fatigue and pain in her left foot; Dr. Kurtz's diagnosis was cervical and lumbosacral disc disease, fibromyalgia. (PRUR 00794; PRUR 00798) Dr. Kurtz recommended Plaintiff remain off work until December 3, 2001. (PRUR 00822 – PRUR 00823)

On October 19, 2001, Plaintiff saw a nurse practitioner, Patricia Grinnell, N.P., to whom Plaintiff gave a history of fibromyalgia, cervical and lumbar spine pain, and "sleep disorder". (PRUR 00773) She had numerous tender points in her neck and upper back. Ms. Grinnell diagnosed fibromyalgia, noting that Plaintiff's symptoms had symptoms for months starting in May 2001. (PRUR 00774)

On November 1, 2001, Dr. Badham conducted Plaintiff's mental status examination. Dr. Badham noted Plaintiff's "obvious physical discomfort, visible fatigue, poor concentration,

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crying, panic attacks." (PRUR 00555- 00556)

4. <u>Dr. Jeffrey Mandel</u>

Plaintiff also sought treatment with Dr. Jeffrey Mandel (a fibromyalgia treater) In November of 2001, Dr. Mandel provided a report on Plaintiff's condition, listing her pain complaints and diagnosis of fibromyalgia and onset of chronic fatigue syndrome. He recommended medication, rest and continued medical care. He stated that Plaintiff was completely disabled, unable to work and recommended disability of six months to one year, subject to review. (PRUR 00698 – 00699)

On November 13, 2001, Prudential wrote to Plaintiff, informing her that they were continuing review of her LTD benefits under the plan and that they were in the process of obtaining additional medical records from her treating physicians. (PRUR 01122) On November 24, 2001, Plaintiff wrote to Prudential in response to Prudential's letter of November 13, 2001, regarding further clinical data collection and disputed Prudential's continuing review. (PRUR 00695 – 00696)

5. Nurse Practitioner Grinnell

On November 27, 2001, Plaintiff wrote to Ms. Grinnell (a nurse practitioner who rendered care to her), indicating a discrepancy in Ms. Grinnell's chart notes from her visit of October 19, 2001. Plaintiff wrote, "I did not report nor experience any illness whatsoever during the month of May-June 2001. In fact, I was completely healthy for the entire year having not even visited a physician or taken a prescription medication until I became ill at the beginning of August 2001." (PRUR 00689) Plaintiff wrote to Prudential on December 3, 2001, enclosing a letter from Ms. Grinnell in which Ms. Grinnell indicates, "Ms. Rutherford did not report the experience of any symptoms of fibromyalgia or other illnesses prior to August of 2001." (PRUR 00670 – 00672)

6. Medical Review by Dr. Gwen Brachman

On December 4, 2001, the medical records were reviewed by Dr. Gwen Brachman (rheumatologist). Dr. Brachman noted that there were numerous letters written by Plaintiff to her providers all of which were written with sophisticated vocabulary and grammatical

constructs illustrating Plaintiff's ability to process information, formulate plans and express herself in a cogent manner. With respect to the disc bulge, Dr. Brachman noted there was no evidence of disc bulge or herniation. Regarding fibromyalgia, the documents showed no evidence of decreased muscle strength or other muscle abnormality and no findings of an inflammatory process, however, Plaintiff qualified for classification of fibromyalgia by finding of diffuse tender points elicited on one exam. Based on Dr. Brachman's review, the symptoms of fibromyalgia began in May, 2001. With respect to Plaintiff's depression and anxiety, the reported anxiety, fears and depression are about many things, the majority of which are related to work and personal/family issues. Regarding Chronic Fatigue Syndrome ("CFS"), the diagnosis is used to classify "disabling fatigue" without a discernible underlying cause. Dr. Brachman's evaluation was that to a reasonable degree of medical certainty, Plaintiff was not physically impaired from performing essential functions of her own occupation. (PRUR 00887 – 00888)

7. Further Medical Review by Nurse Josephine Malsyz

A further medical review was done on December 7, 2001 by nurse Josephine Malysz. She found Plaintiff's medical documentation did not support a mental impairment that prevented Plaintiff from performing the essential duties of her job. There was no documentation to support symptomatology preventing her from performing occupational duties. (PRUR 00888 – 00889)

8. Prudential Discontinues LTD Benefits

Accordingly, on December 10, 2001, Prudential terminated Plaintiff's long term benefits under the Plan based on Dr. Brachman's review, Plaintiff's pre-existing condition, and the medical records showing no support for any physical condition preventing Plaintiff from performing the material duties of her own occupation. (PRUR 01113) Plaintiff appealed the decision. (PRUR 00648)

9. <u>Plaintiff Submits Further Information on Appeal</u>

On December 22, 2001, Plaintiff wrote to Prudential providing additional medical information and the case history of her ongoing disability. Plaintiff contended her job description "uses many active verbs" and is not sedentary. Plaintiff submitted the results of a sleep study finding she had reduced sleep efficiency of 74% and an absence of Stage III and

Stage IV sleep. She enclosed the results of her Epstein Barr Virus test, which suggested recent or chronic-active infection. (PRUR 00636) Plaintiff's physicians wrote to Prudential also. Dr. Mandel detailed Plaintiff's initial examination. Plaintiff had pain throughout her lower and upper body. (PRUR 00600) She had numbness in her leg and pain in her hands and feet. Dr. Mandel noted Plaintiff's difficulty concentrating and memory problems and noted her episodes of myofascial paresis, which prevented her from speaking properly and impeded her ability to communicate effectively and intelligently. (PRUR 00601) Dr. Mandel concluded "it would be impossible for my patient to accomplish" any of the demands/tasks of her job. (PRUR 00603) On January 14, 2002, rheumatologist Peter H. Stein wrote to Prudential noting Plaintiff "suffers very severe pain, fatigue and sleep disorder" and that "she is in the throws of a very severe presentation of fibromyalgia." He opined Plaintiff is not capable of working and he "feels strongly" disability status should continue for at least the next six months." (PRUR 00516)

10. Medical Review by Dr. Stephen Gerson

Prudential submitted the file for review by Stephen Gerson, M.D. Dr. Gerson's April 26, 2002 report (PRUR 00475 – 00486) of his review indicated he evaluated Plaintiff's pre-existing *psychiatric* condition prior to August of 2001, and opined on Plaintiff's current psychiatric treatment. Dr. Gerson found no evidence of a major psychiatric pre-existing condition prior to August 2001. *Dr. Gerson concluded Plaintiff met the criteria for a diagnosis of fibromyalgia and chronic fatigue syndrome with concomitant severe depression.* (PRUR 00485).

11. Prudential Reinstates Benefits on Mental Illness Only

Accordingly, on May 23, 2002, Prudential *reinstated* Plaintiff's long term disability benefits. Prudential noted Plaintiff's complaints of tender pain points, fatigue and heaviness to the upper extremities were raised in August 2001, but Plaintiff had experienced these symptoms three months prior. Prudential found the prudent person pre-existing policy provision applied to Plaintiff's claim based on symptoms of exhaustion, nausea, forgetfulness, flashes, generalized tender points, heaviness to the upper extremities and difficulty sleeping. Prudential's review of Plaintiff's file revealed impairment based on depression. Accordingly, Prudential approved Plaintiff's LTD benefits based on her *psychiatric condition only*. (PRUR 01083 – 1086; 01085)

On April 3, 2003, Prudential wrote to Plaintiff advising that since Prudential determined

Plaintiff's disability was caused, in part, by mental, psychoneurotic or personality disorder, and her benefits payment was limited to 24 months under the Plan unless she was confined in a hospital at the end of the 24 months. Prudential advised Plaintiff's 24 month period of disability would end on November 11, 2003 and her claim would likely terminate on November 12, 2003.

(PRUR 01080 – 01081) Prudential wrote to Plaintiff again on August 26, 2003, notifying her of

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C. Plaintiff's First Appeal

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termination based upon the foregoing. (PRUR 01074 – 01076)

Plaintiff appealed Prudential's LTD benefits determination on September 30, 2003, contending her condition, fibromyalgia, is a physical illness that prevents her from working. (PRUR 00430 -00431;PRUR 01069)

As part of its appeal review, Prudential contacted Plaintiff's treating physician, psychologist Dr. Lehman regarding what condition prevented Plaintiff from working. Dr. Lehman noted that he had not seen Plaintiff since September of 2003 and advised Prudential to contact Dr. Leoni. Dr. Leoni advised that he had not seen Plaintiff since November of 2001 and had no further information to provide. There was no medical evidence to support an impairment (not subject to the benefit limitation or prudent pre-existing exclusion) that prevented Plaintiff from performing a gainful occupation. (PRUR 00908 - 00909) Prudential determined Plaintiff's disability was based on self reported symptoms of pain and fatigue and psychiatric illness. Plaintiff's primary diagnosis of fibromyalgia was excluded due to the prudent person standard for treatment prior to the coverage period. Plaintiff's chronic fatigue syndrome was also subject to the pre-treatment exclusion. (PRUR 00906 – 00907) On July 27, 2004, Prudential upheld its decision discontinuing Plaintiff's LTD benefits. (PRUR 01060 - 01063) Prudential advised Plaintiff's counsel, Richard Johnston, of its denial decision. Prudential set forth The Plan limitation for self reported symptoms and mental illness, which is a combined 24 months. (PRUR 01061) Prudential concluded that the pre existing exclusion applied to her self reported symptoms of fibromyalgia, chronic fatigue syndrome and her sleep disorder. (PRUR 01062) 111

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D. Plaintiff's Second Appeal

On July 28, 2005, Plaintiff again appealed Prudential's LTD benefits decision, challenging Prudential's determination that Plaintiff had self reported conditions and pre-existing conditions. Plaintiff argued that her condition "has been confirmed over and over by independent practitioners, precisely by means of 'tests, procedures and clinical examinations standardly accepted in the practice of medicine' (quoting the language from the plan documents). (PRUR 00367 – 00368) On January 24, 2006, Plaintiff provided Prudential her additional medical records for Plaintiff from April 2003 to January 2006. (PRUR 00350)

1. <u>Prudential Conducts Further Medical Review</u>

On March 26, 2006, Dr. April D. Campbell reported on her review of Plaintiff's medical records. (PRUR 00108 – 00217) Dr. Campbell found "woefully lacking [records] and a well detailed physical exam" of Plaintiff. She noted Plaintiff's physical examinations did not support use of a cane. (PRUR 00212) Dr. Campbell recommended Plaintiff see a physical medicine and rehabilitation physician for a detailed physical exam. (PRUR 00213) Dr. Campbell was unable to opine on Plaintiff's restrictions and limitations because the documentation was incomplete. (PRUR 00213) Dr. Campbell found Plaintiff's fibromyalgia diagnosis was self reported because it is based entirely on her subjective complaints. Dr. Campbell opined Plaintiff's fatigue complaints were likely related to her psychiatric issues. (PRUR 00214)

2. Independent Medical Examination

On September 14, 2006, Dr. Alan Kimelman reported on Plaintiff's independent medical examination. (PRUR 00148 – 00190) Dr. Kimelman interviewed and examined Plaintiff on July 12, August 2 and August 23, 2006. (PRUR 00148). The examinations were frequently interrupted to allay Plaintiff's anxiety and discuss her prolonged history and multiple pain complaints. Her gait fluctuated between a wide-based gait when holding onto her husband to a slow labored gait associated with heavy breathing. (PRUR 00167) Plaintiff exhibited tenderness to palpation on the thoracic spine and cervical and lumbar spine. (PRUR 01168 – 01169; PRUR 01171) She also had tenderness in her pelvic area. (PRUR 01173)

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Dr. Kimelman noted Plaintiff's hand strength was inconsistent with her use of a cane while walking or holding part of her body weight for stability. Plaintiff's balance and grip strength were better than she exhibited. (PRUR 00181)

With respect to self-reported pain levels, Dr. Kimelman noted Plaintiff's various behaviors of exhibiting pain behavior corroborated symptom magnification. She was talking loudly, using profanity, frequently interrupting the exam to complain of pain, and requesting her husband assist with activities. (PRUR 00185) Dr. Kimelman opined that plaintiff magnified her symptoms (PRUR 00186) Dr. Kimelman concluded that outside of Plaintiff's diagnosis of degenerative joint disease, her conditions were more psychiatric than orthopedic, neurological or musculoskeletal. Although he noted that disc disease was supported by the mildly abnormal cervical and lumbar magnetic resonance images, tenderness on exam and painful range of motion, he pointed out, however, that the severity of the disability from this condition was not supported. (PRUR 00185)

3. <u>Prudential Upholds LTD Benefits Termination</u>

On November 3, 2006, Prudential upheld its denial of Plaintiff's LTD benefits. (PRUR 01015) In its denial letter Prudential outlined the key terms of the Plan regarding the definition of disability, the limited pay periods for self reported symptoms and mental illness, and the pre-exiting condition exclusion provisions. (PRUR 01016). Prudential explained its review of plaintiff's records. Although a number of physicians opined Plaintiff was disabled, there were no findings supporting their opinions because the physical examinations were incomplete. (PRUR 01019)

Prudential noted that there were several records where Plaintiff prepared the record of her various complaints and impairments and then had a physician sign the record. The appropriate physical exam and testing was not performed to make those determinations. (PRUR 01019) Plaintiff's diagnosis of fibromyalgia was self-reported because it was based entirely on Plaintiff's complaints of body tenderness. Plaintiff's sleep study showed some alpha wave intrusion and decrease in stage III and IV sleep. Prudential noted these findings were not specific to fibromyalgia and can actually be found in normal and in depressed individuals, and

those who have experienced viral illnesses.

E. Plaintiff Seeks Third Appeal

On May 4, 2007, Plaintiff for the third time appealed Prudential's decision. Plaintiff contended Prudential focused on conclusions of Dr. Kimelman based on his examination of Plaintiff, and not the weight of evidence in the file. Plaintiff focused her third appeal on Dr. Kimelman's conclusion that plaintiff magnified symptoms and exhibited Waddell signs (signifiers of symptom magnification. (PRUR 00064, 00066)

1. <u>Prudential Conducts Employability Analysis</u>

Prudential conducted transferable skills analysis using a software program considering plaintiff's skills demonstrated in her prior occupations and her current restrictions. The positions with which Plaintiff had direct experience - project director, hardware analyst and systems analyst - were all sedentary occupations primarily performed seated and involving occasional to frequent reaching and handling and frequent keyboard use. Plaintiff's skills were highly transferable to department manager position. (PRUR 00933)

Prudential Upholds Its Decision on Third Appeal Terminating Plaintiff's LTD Benefits

On July 20, 2007, Prudential notified Plaintiff of its decision terminating her LTD benefits. Prudential responded to Plaintiff's assertions that there was no symptom magnification during Plaintiff's IME. The IME showed Plaintiff could sit for up to one hour at a time for six out of eight hours, that she could stand for one half hour at a time for four out of eight hours in a day. She also could walk up to one half hour at a time for four out of eight hours in a day. She could lift, carry, and pull ten pounds occasionally. She had a normal range of motion, normal neurological findings, no contractures, and no muscle atrophy. There was no basis for plaintiff's hand disability in that physical examination and diagnostic findings did not support any restrictions from repetitive finger or hand activities. Further, the Transferable Skills Analysis and Labor Market Survey showed plaintiff had transferable skills to perform other sedentary occupations including systems analyst, hardware analyst, department manager, and systems project manager. (PRUR 01003)

Prudential reiterated the twenty four month limitation regarding Plaintiff's self-reported symptoms, noting Plaintiff had already received twenty four months of benefits and therefore no further benefits were payable. There was no medical evidence of a condition not subject to these limitations. Therefore, Prudential upheld its decision to terminate Plaintiff's claim effective November 11, 2003. (PRUR 01003)

III. LEGAL ARGUMENT

A. Summary Judgment Standard

A party against whom relief is sought may move at any time, with or without supporting affidavits, for summary judgment on all or part of the claim. Fed. R. Civ. Proc. 56(b). The judgment sought should be rendered if the pleadings, the discovery and disclosure materials on file, and any affidavits show that there is no genuine issue as to any material fact that the movant is entitled to judgment as a matter of law. Fed. R. Civ Proc. 56(c).

"One of the principal purposes of the summary judgment rule is to isolate and dispose of factually unsupported claims or defenses..." *Celotex Corp. v. Catrett*, 477 U.S. 317, 323-324 (1986). Prudential is entitled to judgment as a matter of law because plaintiff has failed to make a sufficient showing on an essential element of her case with respect to which she has the burden of proof. *Id.* The only way the opposing party can defeat a motion for summary judgment is by laying out specific facts establishing a genuine issue of material fact. *Matsushita Electronic Industrial Co., Ltd. v. Zenith Radio Corp.*, 475 U.S. 574, 585-586 (1986); Fed. R. Civ. Proc. 56(e), emphasis added.

B. The *De Novo* Standard of Review

Before the trier of fact may resolve an ERISA dispute, the proper "standard of review" must be selected. The Supreme Court has held that the *de novo* standard of review is appropriate in an ERISA case "unless the benefit plan gives the administrator or fiduciary has discretionary authority to determine eligibility for benefits or to construe the terms of the plan." *Firestone Tire & Rubber Co. v. Brush*, 489 U.S. 101, 115 (1989). Where the *de novo* standard is applied, the District Court simply evaluates whether the benefits were correctly or incorrectly denied

pursuant to the terms of the plan. Abatie v. Alta Health & Life Ins. Co., 458 F.3d 955, 963 (9th Cir. 2006).

Plaintiff seeks reinstatement of her benefits under Goodhome Inc's Long Term Disability Plan, an employee benefit welfare plan, administered by Prudential. The matter therefore arises under the Employee Retirement Income Security Act of 1974 ("ERISA"), 29 USC §1001 et seq. When determining whether to uphold Prudential's decision to discontinue Plaintiff's disability claim under ERISA, the Court must review it under either the "de novo" standard or under the "abuse of discretion" (also called the "arbitrary and capricious") standard.

In this case, Prudential stipulates that the Court's review will be de novo.

C. <u>Determination Based Solely on the Administrative Record</u>

ERISA limits the evidence evaluated when considering whether benefits are due. Specifically, whether benefits were properly denied must be determined exclusively by a review of the information within the "administrative record." *Taft v. Equitable Life Assurance Society*, 9 F.3d 1469, 1472 (9th Cir. 1993). This restriction is based on the principle that federal district courts should not function "as substitute plan administrators," and that expanding the record on appeal "would frustrate the goal of prompt resolution of claims by the fiduciary under the ERISA scheme." *Id*.

Where the *de novo* standard of review is applied, the District Court has limited discretion to permit the introduction of some extrinsic evidence. *Mongeluzo v. Baxter Travenol Long Term Disability Benefit Plan*, 46 F.3d 938, 943-44 (9th Cir. 1995). However, "in most cases" extrinsic evidence should not be admitted and should be allowed "only when circumstances clearly establish that additional evidence is necessary to conduct an adequate *de novo* review." *Id*.

Here, Prudential stipulates to a *de novo* standard of review. The Court should restrict its review to the administrative record, filed concurrently herewith. As set forth in the accompanying declaration of Tamika S. Williams, the guidelines for preparing the administrative record dictate that all documents relating to the claim become part of the record and there are no documents relating to the claim which are not considered a part of the record and included therein. (*Declaration of Tamika S. Williams*, \P 3) Furthermore, as more fully set forth in

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D. There are No Clear Circumstances Requiring Augmentation of the Administrative Record

Where there was a sufficiently developed record before the plan administrator, the court should not review documents not submitted to the plan administrator prior to its decision.

Mongeluzo v. Baxter Travenol Long Term Disability Benefit Plan, 46 F.3d at 943 (citing James v. Equicor, 791 F. Supp. 804 (N.D. Cal. 1992)). Furthermore, the court should not take additional evidence merely because someone at a later time comes up with new evidence that was not presented to the plan administrator. Id. at 944.

Here, the administrative record contained every document relating to Plaintiff's claim, including every single internal and external communication, and a multitude of medical records, reports and findings, including an Independent Medical Exam report, as well as every single communication with Plaintiff herself including additional information Plaintiff provided to Prudential. (*See Declarations of Tamika S. Williams* and *Edith Ewing*; *see* also Administrative Record, PRUR00001 – PRUR01188.

In *Kearney v Standard Ins. Co., 175 F.3d 1084* (9th Cir. 1999), the Appellate Court held that the review was properly limited to the evidence that was before the administrator because (1) Mr. Kearney could as easily have submitted the proposed additional material to Standard, and (2) the court did not need it to conduct an adequate de novo review. *Id.* at 1091. Here, there are no circumstances whatsoever that would require additional discovery or augmentation of the administrative record. The administrative record includes extensive documents in this matter

E. <u>Summary Judgment Should be Granted Because Plaintiff Was Paid Benefits</u> for All Covered Illnesses Under The Plan

Application of the *de novo* standard requires the district court to determine the presence of material facts in dispute, just as it does in other motions for summary judgment. Under a *de novo* standard of review, the district court must review *de novo* the plan administrator's decision to deny benefits. In conducting that review, the Court may decide the case by summary judgment if there are no genuine issues of material fact in dispute. *Tremain v. Bell Industries*, 196 F. 3d 970, 978 (9th Cir. 1999); *Para v. Cigna Group Ins.* 258 F. Supp. 2d 1058 (N.D. Cal. 2003). As shown by the administrative record, there is no competent evidence that Plaintiff can rely on to establish a triable issue of fact that her LTD benefits should be reinstated.

Here, judgment should be entered in Prudential's favor based upon the self reported symptoms and mental illness limitations in The Plan. The Plan states:

"Disabilities due to a sickness or injury which, as determined by Prudential, are primarily based on self-reported symptoms have limited pay period during your lifetime. Disabilities which, as determined by Prudential, are due in whole or in part to mental illness also have a limited pay period during your lifetime. The limited pay period for self-reported symptoms and mental illness combined is 24 months during your lifetime." (PRUR 01147) (Emphasis added)

The Plan also provides,

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"Self-reported symptoms means the manifestations of your condition, which you tell your doctor, that are not verifiable using tests, procedures and clinical examinations standardly accepted in the practice of medicine. Examples of self-reported symptoms include but are not limited to headache, pain, fatigue, stiffness, soreness, ringing in ears, dizziness, numbness and loss of energy."

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"Mental illness means a psychiatric or psychological condition regardless of cause. Mental illness includes but is not limited to schizophrenia, depression, manic depressive or bipolar illness, anxiety, somatization, substance related disorders and/or adjustment disorders or other conditions. These conditions are usually treated by a mental health provider or other qualified provider using psychotherapy, psychotropic drugs, or other similar methods of treatment as standardly accepted in the practice of medicine. (PRUR 01148)

When applying a *de novo* review to a claim for benefits, the Court "may construe the Plan in accordance with the rules normally applied to insurance policies." The Ninth Circuit "interpret[s] terms in ERISA insurance policies 'in an ordinary and popular sense as would a [person] of ordinary intelligence and experience". *Evans v. Safeco Life Ins. Co.*, 916 F.2d 1437, 1441 (9th Cir. 1990)

The terms of The Plan are clear and unambiguous. The Plan sets forth in detail the limitations that apply and the circumstances under which either of the limitation periods would come into play. Under the ordinary terms of The Plan, any condition primarily based on mental illness or self reported symptoms has a limited pay period of twenty four months. Here, the administrative record proves that such a limitation applies because Plaintiff's disability only arises out of either her self reported symptoms of fatigue, pain or tenderness, or her mental illness. (PRUR 01060 - 01063)

1. <u>Plaintiff's Mental Illness is Subject to the 24 Month Limitation</u>

It is undisputed that since August 2001, Plaintiff was under the care of psychologist, Dr. Barbara Badham, for depression and anxiety. (PRUR 00820; PRUR 00726) In 2002, plaintiff underwent treatment with psychiatrist Dr. Nancy A. Trahms, for the same conditions. (PRUR 00514) Prudential determined that Plaintiff was disabled due solely to her psychiatric condition. Prudential made this decision based on its reviews of the medical records and independent psychiatric medical reviews. (PRUR 01085) On April 3, 2003, Prudential wrote to Plaintiff advising Prudential determined Plaintiff's disability was caused, in part, by mental, psychoneurotic or personality disorder, and, under the plan, Plaintiff's benefits payment were limited to 24 months unless she was confined in a hospital at the end of 24 months. Prudential advised Plaintiff's that her 24 month disability period ended on November 11, 2003 and her

claim would likely terminate on November 12, 2003. (PRUR 01080 – 01081) On August 26,
2003, Prudential re-notified Plaintiff of the pending termination of benefits under the limitation
period. (PRUR 01074 – 01076) Plaintiff has a mental illness and Prudential paid her benefits for
the 24 month period. Under the terms of The Plan and based on the administrative record,
Prudential has no further obligation to pay benefits to Plaintiff. Summary judgment should be
granted in favor of Prudential.

Plaintiff's Fibromyalgia - Based on Self-Reported Symptoms- is Subject to the 24 Month Limitation

The administrative record proves that Plaintiff's disability claim for fibromyalgia was primarily based on self reported symptoms and therefore benefits were also subject to the combined 24 month limit. Specifically, the diagnosis was based on Plaintiff's complaints of pain and fatigue. (PRUR 00906; 00429; 00446; 00774; 00794; 00698 – 00699) Per the physician reviews as of March 2006, for the most part, there were "woefully lacking [records] and a well detailed physical exam" of Plaintiff. Plaintiff's physical examinations did not support use of a cane. (PRUR 00212) The fibromyalgia diagnosis was found to be self-reported because it was based entirely on subjective complaints of tenderness along the body. (PRUR 00214)

In, Jordan v. Northrop Grumman, 370 F. 3d 869 (9th Cir. 2003), the Plaintiff's disability claim dealt with fibromyalgia and the Court engaged in a detailed discussion regarding the diagnosis. Although the case did not deal specifically with a limitation period, the Plaintiff in Jordan, just as here, complained of low back pain and leg pain to her physician, who opined that she had fibromyalgia. Id. Plaintiff was referred to a number of other physicians who made the diagnosis based on her pain complaints. Id. Jordan explained the "consensus' construct of fibromyalgia identifies the syndrome as associated with generalized pain and multiple painful regions Sleep disturbance, fatigue, and stiffness are the central symptoms." Id. at 872. Jordan stated that "fibromyalgia's cause or causes are unknown, there is no cure, and, of greatest importance to disability law, its symptoms are entirely subjective." 370 F. 3d. 872.

(Emphasis added). Furthermore, there are "no recognizable objective basis for symptoms" Id. at

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Plaintiff may argue that her sleep study showing intrusion in stage III and stage IV sleep was an objective finding. However, Prudential's independent physician review showed the findings are not specific to fibromyalgia and can actually be found in normal individuals as well as in depressed individuals who have experienced viral illnesses. (PRUR 00214) The diagnosis of chronic fatigue syndrome (another ailment Plaintiff claims is disabling) also appeared to be based entirely on Plaintiff's complaints of fatigue associated with Epstein-Barr viral antibody. It was found to be highly unlikely that her condition at that point could be directly attributable to Epstein-Barr virus. Plaintiff's fatigue complaints were found to be more likely related to psychiatric issues. Id. Plaintiff also underwent an Independent Medical Examination with Alan Kimelman, M.D. Although he found Plaintiff complained of pain and tenderness, he noted that her various behaviors of exhibiting pain behavior, talking loudly, using profanity, frequently interrupting the exam to complain of pain, and requesting her husband assist with activities registered the highest level of Waddell scores, corroborating symptom magnification. (PRUR 00185) Ultimately, Dr. Kimelman opined that Plaintiff's conditions were more psychiatric than orthopedic, neurological or musculoskeletal. Id. Furthermore, with respect to chronic fatigue, clinical evaluation of patients with a fatiguing illness recommends various testing including among other things, urinalysis, total protein, glucose, c-reactive protein, phosphorus, electrolytes, complete blood count with leukocyte differential, alkaline phosphates, creatinine, blood urea nitrogen, albumin, ANA and rheumatoid factor, globulin, calcium, alanine

aminotransferase or aspirate transaminasc serum level, thyroid function test. (PRUR 01023) None of the these tests were performed.

The records strongly support the fact that – just like the court defined it in *Jordan*, the Plaintiff's claim of fibromyalgia in this case is primarily based on self-reported symptoms of pain, fatigue and tenderness. There are no objective findings of fibromyalgia. The only findings, like in *Jordan*, are determinations made by Plaintiff's treating doctors, based upon Plaintiff's subjective complaints of pain and tenderness. Therefore, the "manifestations of [Plaintiff's] condition which [she told her] doctor" and were "not verifiable using tests" are self reported and limited by the 24 month period. Accordingly, her fibromyalgia claim as well as her mental illness claim, were subject to the combined limited 24 month disability benefit period. Therefore, and because Prudential fully paid for benefits for the total period, there are no genuine issues of material fact to be determined.

IV. CONCLUSION

There is no question that Plaintiff has a mental illness and therefore it is undisputed that the 24 month benefit limitation applied to that condition. With respect to Plaintiff's fibromyalgia, the administrative record reflects that the diagnosis was entirely based on self reports and self diagnosis. The records also reflect the questionable practice of Plaintiff preparing her own reports on her condition and symptoms, and thereafter had them signed by her various physicians. The Administrative Record also shows plaintiff underwent a three part independent medical exam which revealed she magnified her symptoms. In sum, the records lack objective findings of Plaintiff's fibromyalgia diagnosis. Given that Plaintiff's entire claim for LTD benefits for fibromyalgia and chronic fatigue syndrome rest on her self-reports and self-diagnosis, the 24 month benefit limitation was applied. Per The Plan, Prudential fulfilled its obligations and paid Plaintiff the 24 months of disability.

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1	Therefore, there being no genuine issue of material fact, Defendants respectfully request this						
2	court enter summary judgment in their favor.						
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7		By:	Ronald K. Alberts	<u>X</u>			
8			Tad A. Devlin Attorneys for Defend	lants			
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